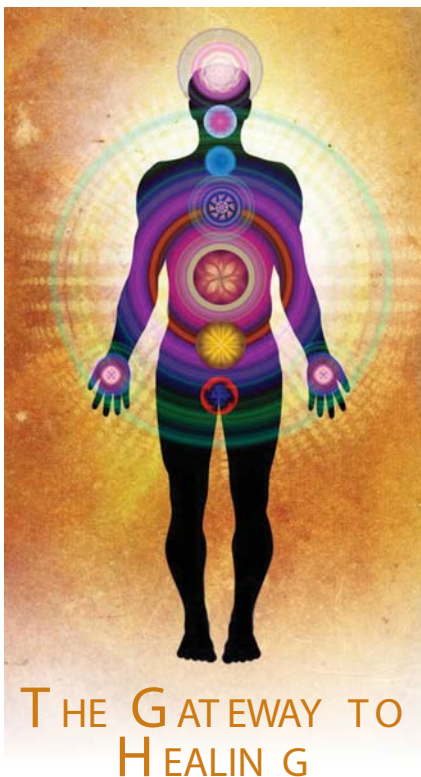




THE GATEWAY TO HEALING

Experts Recommend Spiritual Healing
to Combat Stress



Rose Lortie is a specialist in emotional and physical healing. Her method works through the power of positive thinking, meditation, and a combination of ancient wisdom from cultures throughout the world. Rose worked in the traditional medical field for many years, but she noticed that true well-being and happiness were beyond the doctor's office.

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THE SPIRITUAL PATH to Health & Happiness

In a recent Maclean's article entitled, "Working Ourselves Sick", experts focused on our high-stress lives. The consequences of non-stop stress include depression, weight gain, and heart disease to name a few. Having read the article, I realized that traditional medicine and prescription medications can only mask a problem, rarely curing the culprit; there is no known medical cure to lower stress, unless we do something about it through an emotional and spiritual paradigm shift to deal with an overwhelming workload. Similar to Elizabeth Gilbert's bestseller "Eat, Pray, and, Love", the Maclean's article calls for spiritual healing. After all, the world is a beautiful place when you embrace love, wisdom, and the mystical properties of Mother Nature. As a result of this revelation, I decided to consult the expertise of The Modern Mystery School, where it's all about healing your spirit and karma.

Rose Lortie and her charming and down-to-earth demeanour could calm even the most neurotic GTA resident in a snap. After chatting briefly, we began our session consisting of "Cord Cutting" and the popular "Life Activation". The first is intended to cut all ties with toxic relationships. Through the process which lasts about 15 minutes, your spirit is cleansed of all negative flows of energy caused by others in your life. For example, did you know that a passionate embrace with someone results in a "tie" with that individual for more than 7 years?! Envy, hatred, jealousy are just some examples of negativity brought on by others that can be forever "cut" through this spiritual healing session.

"Life Activation" is the process of empowering you from the spiritual inside so that you can maximize your potential to bring forth unrealized gifts, talents and abilities. There are actual studies that prove a shift in your positive energy after just one session (see attached images). The treatment is relaxing and soothing as Rose alters your energy field to create a positive glow and a welcoming bubble that allows only positive forces to enter.

After the session, which lasted around an hour and a half, we enjoyed a cup of herbal tea and commented on the negative impact of the hustle-and-bustle of modern day life. She urged me to relax and think positive; a modern spiritual guru sans the robe who's aura was one of complete magnificence. I thoroughly enjoyed meeting her and I vowed to make her my spiritual therapist. The day after my session, my friends and colleagues commented that I looked post-vacation refreshed! I strongly recommend Rose Lortie to anyone and everyone seeking inner peace, happiness, and a love affair with the beauty of the world which surrounds us every second of our existence. After all, there are a lot of things that modern medicine just simply cannot deal with. Invest in your spiritual health today!